

### BELITE 1 2 3 THE ONLY WEIGHT MANAGEMENT SOLUTION YOU'LL EVER NEED.



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Consistent weight loss and improved whole-body health in three simple steps, every day.





#### Reference:

Ngondi, J.L., et al. (2009). IGOB131, a novel seed extract of the West African plant Irvingia gabonensis, significantly reduces body weight and improves metabolic parameters in overweight humans in a randomized double-blind placebo controlled investigation. Lipids in Health and Disease 8 (1),7.

#### Disclaimer:

Research is solely based on current scientific paper conducted & reported in 2009. Test results are required to be interpreted in accordance with the standards, practices and limitations of the testing adopted. Individual results may vary.



# LET BELITE 123 CHANGE YOUR



## LIFE IN 3 SIMPLE DAILY STEPS.



# AFRICAN **MANGO**

**Obese people** have a reduced life expectancy of **8 years** due to a higher risk of cardiovascular disease and type 2 diabetes.

With **BELITE 123**, there's *no strict diet to follow,* which means your favourite foods are never compromised! We recommend a *balanced and healthy diet, combined with regular exercise,* to achieve the best results from BELITE 123.

**BELITE 123** is rich in *natural ingredients,* including powerful *African mango extract* which is proven to significantly reduce cholesterol.

Get ready to transform your health with BELITE 123!

Source: www.nhs.uk



### EXPERIENCE DELIGHT WITH BELITE 123, THE NATURAL WEIGHT MANAGEMENT SOLUTION THAT'S CHANGING LIVES!



3 months consumption 1000 BV

### Have you ever wondered why you have the body type you have? Why do some people eat little but

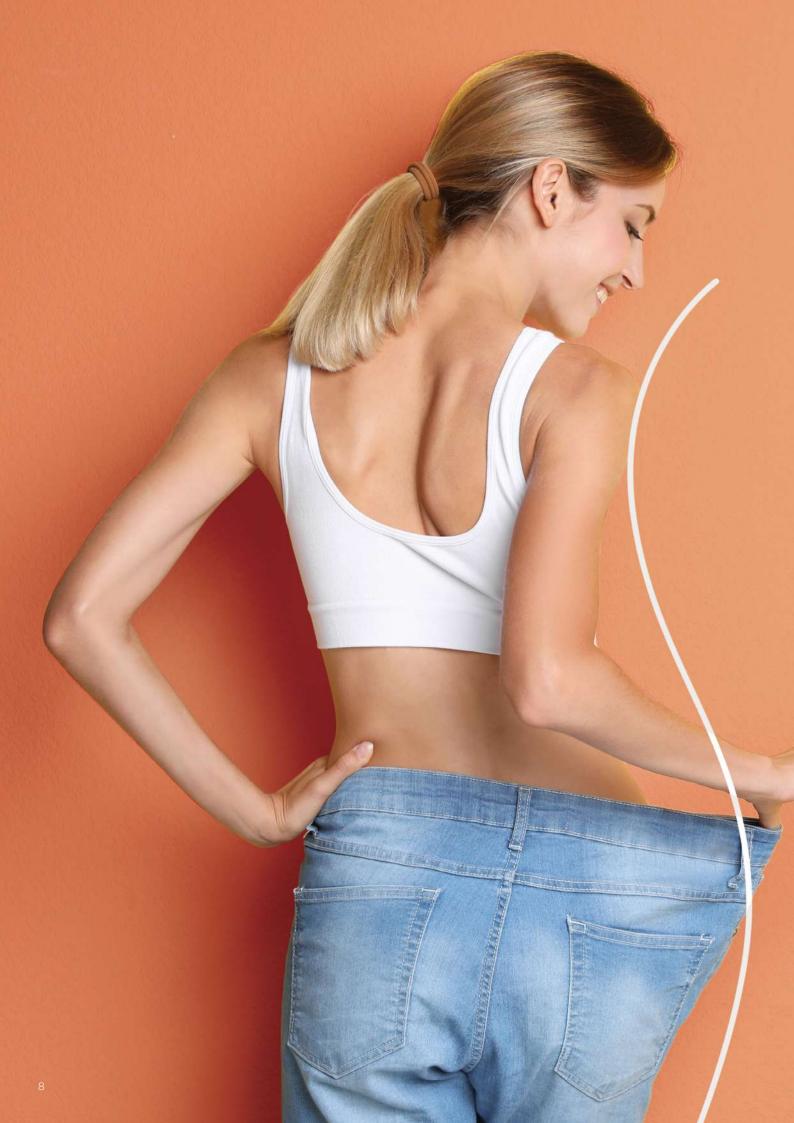
**YOU NAVE !** Why do some people eat little but gain weight, when some eat a lot yet so slim? In fact, the same amount of calories and physical exercise can have completely different effects on different people. That's why weight management can be so complex.

Let's face it: Most weight loss attempts don't work the first time. That's because many of these weight loss programmes and products on the market are either ineffective or unsustainable. After a good start, results either plateau or decline, resulting in lessened motivation and the inevitable return to unhealthy lifestyle.

**BELITE 123**, however, is different. Our customers report not only fast and consistent weight loss that lasts, but also a renewed approach to diet and lifestyle that sets them up for good health.

That's why **QNET has** undergone years of research to develop a **deep understanding of each contributing factor to weight gain**. As a result, QNET's **BELITE 123 is made of 3 different formulas that target a different mechanism to solve your weight issue.** Our customers report not only fast and consistent weight loss that lasts, but also a renewed approach to diet and lifestyle that sets them up for good health for life.





### BELITE **1 2 3** *works in 3 simple steps throughout the day to boost metabolism, curb cravings and gently detox your system.*

throughout the day to boost metabolism, curb cravings and gently detox your system. Rich in natural ingredients, including African mango extract (also known as "the obesity killer"), **BELITE 123** is proven to create outstanding results that go beyond weight loss alone.



Boosted metabolism

**Curbed cravings** 



**Better sleep** 



Reduced cholesterol

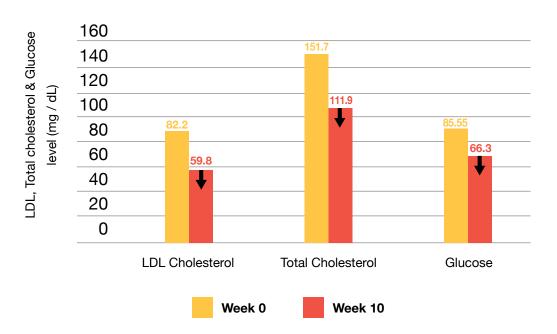


Improved bowel function



Decreased inflammation





CLINICAL RESEARCH ON AFRICAN MANGO EXTRACT



### BUT DON'T JUST TAKE OUR WORD FOR IT. HERE'S HOW **BELITE 123 IS CHANGING LIVES:**

#### "As a dental surgeon, I love that Belite 123 uses all natural ingredients. My blood pressure has reduced to healthy level now!"

**Before** : Overweight, high blood pressure (200/130) **After** : **9.1kg weight loss,** healthy blood pressure (130/90) and 10cm waist circumference reduction.

#### Vadim Kuznetsov, Russia





#### I've lost 14kg in 3 months with BELITE 123! BELITE 123 keeps my food cravings at bay so effectively... I'm losing weight with no stress at all."

**Before** : Constipation, poor sleeping quality, overweight **After** : **13Cm** waist circumference reduction, digestion functions has improved, along with my sleep quality and bowel movement. Looking, feeling and performing better than ever

#### Asem Muhieddin, Egypt

### "Thanks to BELITE 123, I now have a clean bill of health."

**Before** : Hypertension and high cholesterol, liver inflammation, many unsuccessful attempts at weight loss **After** : **8.3kg weight loss**, 77% reduction in liver inflammation markers.

Nessrin Elhajj, UAE





#### "The first time in 20 years that my shirt size has dropped 6 sizes.... absolutely life changing for me!"

**Before** : Water retention, bowel problems, high appetite, unsuccessful attempts to lose weight

After : **22kg weight loss**, shirt size dropped by 6 sizes, no water retention, healthy appetite & bowel movements

Stakheeva Natalia, Russia



### "No more joint pain. The anti-inflammatory effect is particularly awesome."

**Before** : Persistent knee and back pain due to inflammation, overweight

After : **17kg weight loss**, significant reduction in knee and back pain, more motivated than ever

BEFORE

#### AVP Yassir Khamis, Jordan

AFTER

#### "BELITE 123 boosts my mental and physical health... I've never has such a strong mind & focus before."

**Before** : High stress, interrupted sleep, little motivation to lose weight

After : **12.4kg weight loss**, clarity of mind, better focus, improved sleep, high motivation

#### Irfan Aziz, Kuwait

Zoya Tretkyakova, Russia



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highly recommend BELITE 123 to everyone." Before : Junk food cravings, overeating, high blood pressure, overweight, bowel problems

After : Lost 13kg in 2 months, no cravings, reduced portion sizes, normal blood pressure, more energy & better mood

#### Elena Suhoreva, Russia

## "Drop 3 shirt sizes: From mom of 2 to fitting like age 19 again."

**I lost 13.5kg** and dropped 3 whole dress sizes in 2 months with BELITE 123. Now, my energy are up, my food cravings have disappeared and I get better quality of sleep. I feel cleansed and so much lighter. The cleansing effect is gentle, with no discomfort.





#### "BELITE 123 is giving me the confidence to become the woman I want to be – healthy, happy & successful."

With a **weight loss of 8kg** so far, my body shape has become better and I'm certainly healthier today. This is THE best product to keep you in good shape, promote optimum health and boost your confidence..

### VC Saly Fofana, Ivory Coast



Find out more at www.qnet.net/health/

### We love feedback!

Email us at info@lifeqode.com or share your BELITE testimonial on instagram, using #belite to redeem exclusive QNET merchandize for free

