



**ARE YOU GETTING ALL
THE NUTRIENTS THAT YOUR BODY
NEEDS TO THRIVE?**

**THROUGH QNET'S RANGE OF ESSENTIAL
ABSOLUTE LIVING IS W**



HEALTH AND WELLNESS PRODUCTS, WITHIN YOUR REACH



EDG3

—PLUS—

PROTECT, NOURISH AND STRENGTHEN FROM WITHIN

Life today is increasingly demanding and hectic. We all know the importance of balance between work and play, social and family life. But fundamentally it all starts from within, building a strong health foundation. **Healthy body, happy life!**

WHAT MAKES EDG3 PLUS SO UNIQUE? MEET THE 'POWER OF 3'

- **Turmacin:** Powerful anti-inflammatory that works 200% faster than any standard turmeric extracts on the market and with a higher absorption rate.
- **Vitamin D3:** 100% vegan formula which is 87% more potent than conventional Vitamin D2 and more effectively stored in the body.
- **Immune Formulation 200:** Superior anti-oxidant, detoxifier and immunity booster with breakthrough delivery system for greater absorption in the body.



A full-page background image showing a person from behind, jumping with arms raised towards a bright, low sun. The scene is over a body of water with hills in the distance. The person is silhouetted against the bright light, creating a warm, golden glow.

10 VITAL HEALTH *BENEFITS*

- ✔ Immune booster
- ✔ Protects body's cells and optimises organ function
- ✔ Cardiovascular protection
- ✔ Regulates cholesterol and blood pressure
- ✔ Promotes energy and vitality
- ✔ Brain health optimiser
- ✔ Digestive support
- ✔ Liver detoxifier
- ✔ Bone and joint health
- ✔ Skin beauty enhancer

CONSUMPTION

Mix 1 sachet in 120-150ml water, best before meals. Consume 5 days a week.

Disclaimer :

Not intended to diagnose, cure or prevent any disease.

References :

- 1.Sinha-Hikim, et al. (2010). Effects of a novel cysteine-based glutathione precursor on oxidative stress in vascular smooth muscle cells. Am J Physiol Cell Physiol, C638-C642
- 2.Madhu, et al. (2013). Safety & Efficacy of Curcuma Longa, Inflammopharmacol., 21.



MANAGE YOUR WEIGHT THE RIGHT WAY!



Boost, curb and cleanse with **BELITE 123** – a complete and effective weight management formula that targets multiple metabolic **pathways** and provides lasting health benefits. Don't focus on **HOW MUCH** you eat, but on **WHAT** you eat.



BELITE ABOVE THE REST

- ✓ Detox and boost metabolism
- ✓ Burn and block fat
- ✓ Suppress appetite
- ✓ Inhibit fat deposition
- ✓ Reduce cholesterol and sugar levels
- ✓ Reduce inflammation
- ✓ Improve bowel movement

CONSUMPTION

1 teabag after breakfast.
1 sachet in 120ml water before lunch.
1 teabag after dinner.

Unique blend ingredients:



Unique blend ingredients:



DID YOU KNOW that African Mango Extract has been clinically proven to:

- ✓ Enable weight loss of **3.6 kg in 4 weeks**, and **12.8 kg in 10 weeks**.
- ✓ Enable a **6% body fat** and **16 cm** waist circumference reduction in **10 weeks**.

Disclaimer :

Not intended to diagnose, cure or prevent any disease.

References :

Ngondi, J.L., et al. (2009). IGOB131, a novel seed extract of the West African plant *Irvingia gabonensis*, significantly reduces body weight and improves metabolic parameters in overweight humans in a randomized double-blind placebo-controlled investigation. *Lipids in Health and Disease* 8 (1),7.

EDG3

ACTIVATE. BOOST. PROTECT.

BOOST YOUR HEALTH & WELLBEING

Glutathione is the master detoxifier and antioxidant that protects your cells from harmful toxins and free radicals.

With glutathione, toxins in your body can be transformed into non-reactive compounds that can be eliminated. The trappings of modern life, like unhealthy food, alcohol, smoke, sleep deprivation, and stress, rob the body of this vital antioxidant.

The effects?

Your cells and organs become prone to various illnesses and premature ageing. That's why you need strong antioxidant protection.

Feel amazing with EDG3 as it contains a US patented amino acid blend formulated to help your body produce glutathione naturally, and fight free radicals and oxidative damage by **protecting the DNA from within your cells.**

A glass of this berry-flavoured drink ensures a strong protection for your cells.

BENEFITS

- ✓ Protects against free radical damage
- ✓ Detoxifies the liver and cells
- ✓ Strengthens immunity
- ✓ Boosts energy levels
- ✓ Reduces joint discomfort
- ✓ Improves skin complexion and reduces pigmentation







KENTA

NATURAL ANTI-AGEING FORMULA INSPIRED BY THE OKINAWA DIET

NATURAL ANTI-AGEING FORMULA

Kenta is a delicious natural formula beverage inspired by the Okinawa diet, famed for being extremely nutritious and promoting longevity.

Okinawa in Japan is known as the “**Village of Long Life**”.

People there are recorded to have among the longest life expectancy in the world, and the secret lies in their traditional diet.

Kenta ingredients (fermented soybeans, fermented soy paste, Japanese sweet potato, and fermented sweet sticky rice) stimulate the natural production in the body of the **Human Growth Hormone (HGH)**, which is important for preserving youthful vigour, looks, and strength.



Fermented
soybeans



Fermented
soy paste



Japanese
sweet potato



Fermented
sweet sticky rice

BENEFITS

- ✓ Boosts your body's natural anti-ageing potential
- ✓ Promotes better skin and muscle tone
- ✓ Stimulates natural production of the Human Growth Hormone (HGH)
- ✓ Improves hair growth for thicker and more lustrous hair

Disclaimer :

Not intended to diagnose, cure or prevent any disease.

References :

Dr. Alfred Libby MD. (2007). A pilot study evaluating the role of Okinawa food beverage powder in the management of ageing related degenerative symptoms

QALIVE

MEN'S HEALTH FORMULA

NATURAL TESTOSTERONE BOOSTER FOR MEN'S HEALTH AND PERFORMANCE



REALITY

- **1 in 4 men (>30 years old)** suffer with low testosterone, which can lead to health issues such as fatigue, muscle mass loss, weak bones, and depression.

OUR DISCOVERY

- **Tongkat Ali Physta®** is **100%** pure extract that contains bioactive peptides and has been proven more effective than other Tongkat Ali supplements in the market.
- This potent patented ingredient is clinically proven to optimize testosterone production in the body and release it at a cellular level.

REAP THE BENEFITS

- ✓ **Boosts** strength and stamina.
- ✓ Maintains muscle mass and bone density.
- ✓ Reduces body fat accumulation and **improves metabolism**.
- ✓ **Improves blood** circulation and sexual health.
- ✓ **Elevates** mood.

CONSUMPTION

Two (2) capsules daily, after dinner. Take for five consecutive days, followed by two rest days.

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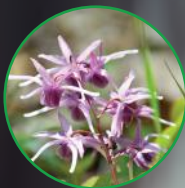
References :

Tambi M.I.B.M., Imran M.K. and Henkel R.R. (2012) Standardised Water-soluble Extract of Eurycoma longifolia, Tongkat Ali, as Testosterone Booster for Managing Men with Late-Onset Hypogonadism. Andrologia, 226-230.
Bagchi, D., Preuss, H. G., & Swaroop, A. (2016). Nutraceuticals and functional foods in human health and disease prevention. Baco Raton: CRC Press.

SOURCED FROM HIGH QUALITY, PLANT-BASED INGREDIENTS:



Black Maca



Horny Goat Weed



Tribulus Terrestris



**Tongkat
Ali Physta®
(Eurycoma
Longifolia)**



*PHYSTA® HAS BEEN
CLINICALLY PROVEN
IN HUMAN STUDIES
1,2 TO ENABLE:*

47% INCREASE
IN TESTOSTERONE

73% HIGHER
PHYSICAL STRENGTH

82% IMPROVED
MOOD





OLIVE LEAF EXTRACT FOR OPTIMUM HEART MAINTENANCE AND IMMUNITY

Olive leaf extract is widely considered as the ultimate natural defender of your immune system, containing **40 times more polyphenolics than extra-virgin olive oil**. Olive leaf extract is well known to help maintain a normal and healthy cardiovascular system, as well as assisting in the maintenance of normal heart function.

Olé is also traditionally used to alleviate cold and flu, common cough, and the symptoms of asthma.

BENEFITS

- ✓ Promotes normal heart function
- ✓ Supports healthy cardiovascular system
- ✓ Lessens the damage caused by oxidation
- ✓ Strengthens immunity to fight cold and flu





LOSE WEIGHT NATURALLY

Qafé is especially formulated with **premium green coffee beans** and **Nutriose® prebiotic fibre**, to give you the natural weight loss effect. The green coffee bean used in Qafé is one of the highest in Chlorogenic Acid (CGA) content (53%) in the market, which has the **inhibitory effect on fat accumulation** and helps **burn fat naturally**.

The **weight loss effect** is enhanced with the presence of Nutriose®, which is a scientifically proven prebiotic soluble fibre that reduces calorie intake and gives you an extended energy release. This prebiotic fibre enhances your gastrointestinal health by improving your gut bacteria.

Disclaimer :

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References :

Guerrin-Deremaux, L. et al. (2013). Dose-response impact of a soluble fibre, Nutriose, on energy intake, body weight and body fat in humans. Global Epidemic Obesity.

BENEFITS

- ✓ Helps melt fat and prevents sugar spike
- ✓ Curbs and reduces hunger by **71%**
- ✓ Blocks carbohydrate absorption by **33%**
- ✓ Increases your metabolism
- ✓ Promotes growth of good bacteria for gastrointestinal health





LIFEQODE

Find out more at <https://www.qnet.net/health/>

We love feedback!

Email us your lifeqode testimonial at info@lifeqode.com
or post on Instagram, using #lifeqode to redeem exclusive
QNET merchandise for free

